STOTT PILATES® ACADEMY INSTRUCTOR CERTIFICATION APPLICATION

For more information go to: merrithew.com/stott-pilates/instructor-training

CONTACT INFORMATION

Name_____

Address _____

City _____ State_____ Zip _____

Phone_____

Email_____

COURSE REGISTRATION

Applications must be accompanied by 2 letters of reference. Registration is complete upon receipt of application, materials, and deposit of course fee or payment in full. Space is limited, and applications will be processed on a first-come first-serve basis.

STOTT PILATES® PROGRAMS (Select the course you wish to register for)

- ☐ Intensive Mat Plus (IMP) - 40 hours
- ☐ Intensive Reformer (IR) - 50 hours
- ☐ Intensive Cadillac (ICAD) - 25 hours
- ☐ Intensive Stability Chair (ICHR) - 15 hours
- ☐ Intensive Barrels (IBRL) - 10 hours
- ☐ Advanced Matwork (AM) - 6 hours
- ☐ Advanced Reformer (AR) - 18 hours
- ☐ Advanced Cadillac (ACAD) - 6 hours
- ☐ Advanced Stability Chair (ACHR) - 3 hours
- ☐ Advanced Barrels (ABRL) - 3 hours

RELEVANT EDUCATION

Please list related degrees, diplomas, post-secondary, or certificate courses/workshops.

Outline your education in anatomy (courses or workshops taken).

List relevant degrees/certifications (ie.:ACE, AFAA, please specify).

RELEVANT EXPERIENCE

Outline your teaching experience.

Describe your experience in dance, fitness, or other bodyworks.

Outline your experience with the work of Joseph Pilates.

PERSONAL INFORMATION

Do you have any injuries, conditions (including recent or current pregnancies) or postural issues that may affect your performance during the course?

How did you hear about STOTT PILATES and STOTT PILATES education?

Why are you interested in becoming a certified instructor?

How do you plan to use your certification and how will you be applying your knowledge?

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Please send completed application to jheinz@balletmemphis.org, along with two letters of recommendation for review to complete registration. Course deposits and/or fees can be purchased through link below.
Instructor Certifications

For More Information:

JESSIE TRETTER Pilates + Wellness Manager | jtretter@balletmemphis.org

JESSICA HEINZ Academy Partner Manager | jheinz@balletmemphis.org

BALLET MEMPHIS MAIN CAMPUS 2144 Madison Ave. tel: 901-609-1913

EAST MEMPHIS PILATES CENTER 1789 Kirby Pkwy., Suite #8 tel: 901-753-4177

ballet memphis pilates+wellness

STOTT PILATES® academy