

2144 Madison Avenue Schedule

Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7a						
7:30a	Level 2 w/ Jessie					
8a						
8:30a		Level 1/2 w/ Gretchen			Level 1/2 w/ Gretchen	
9a						
9:30a	Level 2/3 w/ Katie			Level 2 w/ Julie		Barre w/ Jessie
10a				*Virtual* Level 1/2 Mat w/ Nanci		
10:30a	Level 1/2 w/ Katie	Level 3 w/ Katie		Level 3 w/ Katie		Mat Flow w/ Madison
11a						
11:30a	Barre w/ Jessie	Level 1/2 w/ Katie	Fit for Life w/ Pam		Level 2 w/ Jessie	
12p						
12:30p	Fit for Life w/ Katie		Level 3 Cardio w/ Jessie	*Virtual* Lunchtime Mat w/ Nanci	*Virtual* Lunchtime Mat w/ Nanci	
1p						
1:30p				Level 1/2 w/ Katie		
2p						
2:30p						
3p						
3:30p						
4p						
4:30p						
5p	Intro Level 1 w/ Gretchen					
5:30p		Level 1/2 w/ Gretchen	Level 1/2 w/ Gretchen	Level 1/2 w/ Gretchen	Mat Flow w/ Gretchen	Level 1/2 w/ Gretchen
6p		Foundations Mat w/ Elyse				
6:30p						

Equipment Classes
 Drop In - \$40
 5 Class Pack - \$180
 10 Class Pack - \$320

Mat Classes
 Drop In - \$20
 5 Class Pack - \$90
 10 Class Pack - \$165
 Unlimited Month - \$145

For more information call (901)753-1477 or email jtretter@balletmemphis.org